



**CONSULATE GENERAL OF INDIA
GUANGZHOU**

A still life composition featuring various Ayurvedic herbs and a mortar and pestle. In the center, a white ceramic mortar and pestle sits on a dark wooden tray. The tray is filled with a variety of dried herbs, including ginger, turmeric, and other roots. A vibrant pink flower is placed on top of the herbs. In the background, a small white ceramic pot is visible. The overall scene is set against a dark, textured background.

**WORKSHOP ON AYURVEDA
BY
DR. CK MOHAMED SHAFEEQUE GURUKKAL
JANUARY 17, 2020 (1500 HRS)
@ CGI GUANGZHOU**